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Mental Nurse Practitioner

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## Mental Nurse Practitioner

As a nursing practitioner, it is important to have the values of empathy and compassion. Generally, empathy refers to the ability of a nurse practitioner to understand and share feelings with the client. However, it is hard to embrace this value without the spirit of compassion. For nursing practitioners, the value of compassion is important since it helps them sympathize with the client's feelings. Based on this concept, it is important to note that clients can only be served better if the practitioner appreciates the troubles encountered by the client. Considering that nurses are mandated to serve clients from diverse cultural and demographic orientations, this process cannot be effective if the values of empathy and compassion are not nurtured among the professionals. Furthermore, nursing practitioners are required to harbor the core values of honesty and trust. In today's medical facilities, valuable nurses are those who are honest and trustworthy. Since nurses are obligated to care for client's needs, it is important to note that any mistake can equally have a detrimental impact on the client's life. Therefore, it is important for a nursing practitioner to embrace these values to protect clients from any resulting mistakes.

Obtaining a master's degree is one of my long-term educational goals. Since childhood, my educational journey has always been driven by a burning ambition to become one of the best in the field. Also, considering that am still young why not pursue my educational goals? I consider this dream valid since education is one of the core aspects that can help me gather important skills required in the nursing profession. Even though I had worked as volunteer practitioner in the past, I still feel that I can succeed in the field by pursuing a master's degree. My other long-term educational goal is to be in a position to integrate critical thinking with the knowledge acquired in class to provide valuable solutions in healthcare. With this knowledge, I can effectively make proper inventions and innovations that can elevate the scope, of the whole







nursing profession. My final educational goal is to achieve a PhD level in the nursing. With this educational level, I will be able to pioneer major changes that will serve to improve the services of other nurses in practice with a PhD I will have enough knowledge to initiate effective leadership in the nursing profession. With an abundant research knowledge, I can initiate better leadership dynamics in the nursing profession.

My long-term professional goal is to become a Doctor of Nursing Practice (DNP) specialized in mental service care. From childhood I have always envisioned myself as a DNP. Having witnessed many people suffer in society, I applied for a nursing course so that I can bring change to the profession. Through this goal, I have always desired to devote myself in research as a way of improving the lives of the less privileged in the society. Besides being a DNP, I also dream of being a nursing educator. Considering that nursing is an exciting career opportunity, it will be an honor to guide other aspiring students to become professionals. Also, with the achievement of this dream, I will be able to contribute back into the nursing profession by nurturing young talents in the field. Due to the increasing demand of psychiatric services, the available nursing workforce is too small to meet these demands. By nurturing talented and highly skilled individuals in the profession, the whole nursing fraternity is likely to benefit from the increased workforce. Also, by pursuing this dream, I will be able to utilize my past medical experience and my master's degree to nurture future peers in the field.







